



## ***Athens Plastic Surgery Center: Liposuction***

### **Liposuction**

Procedure: Liposuction

Purpose: Body contouring/ fat removal

Time in surgery: Varies

Time of from work: ~2-3 days

Liposuction is an outpatient surgical procedure that permanently removes stubborn fatty deposits that do not respond to diet or exercise by breaking up fat cells and suctioning them out. This is not a method of weight loss; it is most effective when combined with good nutrition and regular exercise.